



## Reishi Mushroom Certified Organic

Common Name:	Reishi Mushroom Certified Organic
Botanical Name:	Ganoderma lucidum (Leyss. ex Fr.) Karst.
Latin Name:	Ganoderma
Pinyin Name:	Ling Zhi
Plant Part Used:	Sporophore
Quality Standard:	USDA Organic (NOP)
Specification:	Whole/Slice/Powder
Harvesting and Collection:	Collect in summer and autumn.

### Character

Umbrella-shaped, with a kidney-shaped cap, semi-circular or nearly circular.

The shell is hard, yellowish brown to reddish brown, shiny, with ring-shaped ribs and radial wrinkles, thin and truncated edges, often slightly inwardly rolled.

The spores are small and yellowish brown. Slight fragrance, bitter taste.

### Growth Habits

Born on the rhizosphere or dead tree stumps of sunny Fagaceae and Pinaceae pine plants and broad-leaved trees or Pinus genus.

### Active Ingredients

The major constituents of Ling zhi include about ten kinds of substances such as polysaccharide, sterol, triterpene, amino acid, alkaloid, nucleoside, enzyme, organic germanium and inorganic ions.

### Advantages of Boherbs' LingZhi

1.Boherbs' Reishi Mushroom is certified organic by EU&NOP and contains no pesticides, sulfur, and genetically modified products.

2. High content of ingredients

Moisture: <17.0%

Ganoderma lucidum polysaccharide (C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>): > 0.50%

3. Diversified product specifications:

Whole Specification: >10cm

Slices Specification: >8 cm

4. Taste: Sweet

## Functions

1. Treatment for restlessness, insomnia, palpitations, dreaminess, forgetfulness, fatigue, lack of food, etc.
2. To replenish lung qi, warm the lungs and resolve phlegm, relieve cough and relieve asthma
3. It has the effect of nourishing qi and blood, so it can often be used to treat symptoms such as fatigue, shortness of breath, not thinking about eating, cold hands and feet, or irritability and dry mouth.

## Benefits

1. Enhances the Immune System
2. Reduce tumor growth and prevent Cancer
3. Liver protection and detoxication
4. Reduce Inflammation and Act as an Antioxidant
5. Improves Anxiety and Depression
6. Relieves Allergies
7. Benefits the Heart
8. Help you sleep
9. Enhances Your Brain
10. Aid Gut Health
11. Decrease blood sugar
12. Relieve cough and reduce sputum



## How to guarantee Lingzhi's quality?

Freshly picked and carefully selected; after drying, re-screening, removing broken, small unqualified and other objects, and then packaging the finished product after passing the inspection.

Before mass production, we always provide pre-production samples. We always conduct a final inspection before shipment.

## How to deal with moldy Lingzhi?

If the degree of mildew is relatively mild, you can remove the moldy part and continue to use it, which has little effect on the human body, but you cannot use for a long time.

If Ganoderma is very mildewed and accompanied by decay, it has lost its medicinal value and cannot continue to be eaten.

Normal handling methods:

1. **Brushing method:** You can use a brush to remove the mildew. If the brush cannot be removed, use a knife to remove the mold on the surface.
2. **Panning method:** Put the moldy Ganoderma in a tank, scrub or brush with cold water, and then remove it and dry it. The washing speed should be fast and not soak for a long time to prevent the loss of active ingredients and affect the smell or quality.





**BOHERBS**  
born in nature, better in organic  
春晖本草

3. **Smearing method:** It can be scrubbed with yellow wine, and then dried until the musty smell disappears, and then sealed and placed in a dry and ventilated place.

### **Advantages of company**

Boherbs Co., Ltd, is a professional manufacturer, supplier and wholesaler for certified organic and premium quality herbs, plant extracts and natural ingredients in the pharmaceutical, nutraceutical food and natural cosmetic industries.

Cooperating with the United States, Canada, Germany, Australia and other countries have friendly exchanges and cooperation, deeply trusted. Good reputation, worthy of cooperation. We can meet the diverse needs of customers.

